



HOLISTIC SKIN CARE

Skin Care Reflecting  
Inner Health<sup>SM</sup>

### Menu of Services

In preparation for the grand opening of Tikkun Holistic Medicine in spring 2009, introductory skin care services are now being offered to acquaint the community with our services and educational programs.

Our system-based procedures, can be used on all skin types, regardless of age, condition, or skin color. Our philosophy provides a total approach, reflected in treatment programs customized for each client. Whether you wish to reverse the signs of aging, reduce sun damage, soften fine lines and wrinkles, soothe inflammation, or treat problematic skin conditions, Tikkun Holistic Skin Care offers the latest advances in aesthetic services, products and technologies.

### VISIA™ Complexion Analysis

Tikkun's innovative approach to skin care, integrating expertise in holistic skin care services with 21st century technology begins with the most advanced imaging equipment available to evaluate your complexion. The VISIA™ system captures digital photos of your face that are analyzed with various criteria to evaluate wrinkles, texture, pores and pigmentation. An educational skin evaluation and visual report are provided to assist clients with accurate information that is used to determine treatments and products that will be most effective for their skin condition. A complimentary Visia™ complexion analysis is provided prior to all skin care and medical aesthetic services through spring 2009.

### Tikkun Signature Facial Treatment

Our customized signature facial uses certified organic ingredients designed for maximum results based on a professional skin analysis. A combination of cleansing, exfoliation, healing mask and moisturizing will leave your skin replenished, hydrated, purified and brighter.

### Hydrating Deep Moisturizing Facial using Certified Organic Jasmine

This treatment is designed to replenish and sustain the skin's moisture level for smooth texture and healthy even tone.

### Rejuvenating Antioxidant Facial using Certified Organic Cocoa Bean

This treatment is designed to firm, smooth and renew elasticity by stimulating cell renewal, promoting microcirculation and repairing the skin's moisture barrier.

### Purifying Facial using Certified Wildcrafted Blue Lotus

This facial infuses the skin with all-natural vitamins, minerals and amino acids which are essential nutrients for a pure, healthy complexion.

60 minute	\$ 85	(one mask)
Series of 6 for	\$450	
90 minute	\$125	(two masks plus hand and foot treatment)
Series of 6 for	\$650	

### Rejuvenating HydraFacial™

The newest breakthrough in skin resurfacing technology. The only procedure designed to integrate cleansing, exfoliation, extraction and hydration simultaneously. Non-invasive and non-irritating exfoliation system for skin rejuvenation, anti-aging and acne-prone/oily skin types.

30 minutes	\$ 95	
Series of 6 for	\$495	
60 minute)	\$175	
Series of 6 for	\$950	(includes diamond crystal free abrasion)
Add on TNS serum	\$ 50	(allow 10 more minutes)
Add on Glysal peel	\$ 30	(allow 10 more minutes)
Add on LED Light Therapy	\$ 35	(allow 15 more minutes)

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[www.tikkunmedical.com](http://www.tikkunmedical.com)

### **Mini Facial**

Maximum benefits in minimal time. This facial is designed to cleanse, exfoliate and hydrate. Great for skin maintenance and in between facials.

30 minute \$ 55

Series of 6 for \$250

### **Amala Deluxe Renewal Facial**

This treatment using certified organic Amala products, recognized for their purity and nurturing qualities with collagen mask designed to detoxify and re-mineralize the skin.

60 minute (one mask)

\$110

Series of 6 for

\$595

90 minute (two masks)

\$145

Series of 6 for

\$750 (Hand and foot treatment included in 90 minute session)

### **Gentleman's Hot Towel Skin Treatment**

This relaxing treatment for deep cleansing, exfoliating and hydrating the skin, followed by soothing massage designed to decongest pores, refine skin tone and restore skin pH balance.

50 minute (one mask)

\$ 85

Series of 6 for

\$450

90 minute (two masks)

\$125

Series of 6 for

\$650 (Hand and foot treatment included in 90 minute sessions)

### **Teen Facial**

This treatment is designed for specific teen concerns of acne, oil production and skin sensitivity. The gentle deep pore cleansing treatment includes extraction with a massage and specific products designed to soothe and balance the skin. We also provide at home skin care guidelines addressing conditions associated with teen skin.

50 minute (one mask)

\$ 75

Series of 6 for

\$400

90 minute (two masks)

\$115

Series of 6 for

\$590 (Hand and foot treatment included in 90 minute sessions)

### **Facial Enhancements**

Resurfacing and brightening enzyme peel \$35

Eye Repair and Lift \$25

Hand and Foot Treatment \$25

Brow Shaping \$25

Lip Wax \$10

Deep exfoliation enzyme peel \$35

Hydrating Booster Serums \$15

Scalp Massage \$25

Brow Wax \$25

Face Wax \$45

### **Healthy Skin Nutrition Consultation**

A busy lifestyle, dietary choices, stress, weak digestion, low immune system, hormone imbalances, medications, inadequate sleep, and exposure to environmental factors can impact our health and state of skin in countless ways. Many skin complaints such as premature aging, acne, inflammation, congestion, dryness, and a dull appearance can be corrected with nutritional and lifestyle modifications supported with appropriate nutritional and skin care products.

Individual Session 60 minute \$145

Series of 6 for

\$750

Liliana Partida's 12 Week Group Nutrition Session \$650

\$650 for sign up at least one week in advance.

\$700 fee at the door

(Pre questionnaires and information sent to attendees enrolling at least one week in advance).

**Cosmetic Acupuncture**

Benefits include increased circulation, stimulation of collagen production, improved muscle tone, reduction of dark circles under the eyes and decrease of fluid retention as well as effectively targeting fine lines and wrinkles.

*50 minute \$ 125*

*Series of 10 for \$1100*

**Portrait® Plasma Skin Regeneration**

Thermal energy for reducing wrinkles, improving skin laxity, skin texture, scars, pore size, surface discoloration, skin tightening and produces new collagen. Recommended number and sequence of treatments will determine cost which will vary with each client based upon skin condition and desired results.

**Injectable Treatments**

Botox®

Botox® relaxes muscles that create wrinkles, smoothing the skin and reducing vertical lines between the eyebrows, horizontal lines across the forehead, and laugh lines around the eyes.

*\$11 per unit*

**Juvéderm®**

Juvéderm® is a smooth consistency dermal filler gel made of hyaluronic acid—a naturally occurring substance in your skin. The injectable gel instantly restores volume and smoothes away facial wrinkles and folds with minimal recovery or downtime.

*\$525 per syringe*

## **Tikkun Holistic Skin Care Policies and Service Guidelines**

### **Appointments**

To make an appointment, please call Tikkun during business hours at 310.375.7546. A major credit card is required to hold your reservation. To ensure availability, we suggest you reserve appointments in advance. We make every effort to accommodate last minute appointments.

### **Cancellations**

Due to the individualized nature of services we offer, our skin care specialists prepare treatment rooms, equipment and products in advance for each client. If you are unable to keep an appointment, please let us know at least 24 hours prior to your scheduled appointment. We reserve the right to charge for appointments not cancelled within this period if we are not able to re-book the appointment.

### **Check-In**

We encourage clients to arrive at least 15 minutes ahead of their scheduled reservation to allow time to check in, change clothes and relax in our Tranquility Room. To ensure a relaxed environment for all of our guests, we ask that you turn off cellular phones upon arrival. For first time guests, please arrive at least 20 minutes prior to scheduled appointments to complete a pre-service questionnaire.

### **Children**

To maintain a relaxing atmosphere for our guests we ask that you do not bring children to the skin care department. We do offer teen skin care services, for clients who are at least 12 years of age and have parental consent. Specialized teen skin care education workshops for groups of three or more can be arranged. Please call 310.375.7546 for more information.

### **Pets**

To ensure a relaxing atmosphere for our guests as well as compliance with regulations within a medical facility, no pets, with the exception of seeing eye dogs are allowed on the property.

### **Payment**

We accept Visa, MasterCard, American Express, debit cards, personal checks and cash in addition to and Tikkun Gift Cards.

### **Gratuities**

Gratuities are not included in our prices. Between 15 and 20 percent for each person who gave you a service is customary. It's easiest to leave a tip at the reception desk when you pay your bill rather than giving it directly to the therapist. We provide small tipping envelopes at the front desk or you can add gratuity onto your credit card or personal check.

### **Gift Certificate Policy**

Gift Certificates are available in any amount and can be purchased by phone, on site, or online. Certificates can be redeemed towards service and merchandise. We are not responsible for lost, stolen, and damaged or misplaced certificates. Value of purchased gift certificates for specific treatments or packages are subject to change after one year of issue.

### **Refunds, Gift Certificates, Package Series, and Products**

Except for replacing damaged products, we do not offer refunds, exchanges, or credits on spa services, gift certificates, package series or retail products. All sales are final.

### **Insurance**

Most cosmetic procedures, including laser surgery, are not considered to be medically necessary by insurance carriers and charges must be paid at the time of each visit. Some procedures may be approved by your insurance carrier. Tikkun Holistic Medicine will provide you with the necessary receipts and forms to include with your claim submission. Your insurance carrier will reimburse you directly for any covered services.

### **Skin Care Services and Sun Exposure**

Please avoid the sun on the day of treatment and, in some cases, one day or more, as instructed, depending on service provided. We encourage clients to always wear sun protection and a hat when sun exposure can occur.